Wouldn’t it be nice to know exactly what your body needs?

Custom formulated nutrition imprinted to match your unique biochemistry and energetic signature.
Individually designed to correct the imbalances that are contributing to your lack of wellness and toxic body burden.

For More Information Visit
www.VibroNutrients.com

"Internal Balance has been very instrumental for my wellness and recovery in training and general lifestyle. Tamara understands how amazing the body is and she does a great job of providing ways to help the body be at its best," said Allan Houston.

Tamara Maricaa, PhD, CCN
Biochemical Nutritionist and Detoxification Specialist

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www.InternalBalance.com

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How can Internal Balance Inc. Help You or Your Child?

Internal Balance™ is helping hundreds of clients who are electromagnetically sensitive, MCS (multiple chemical sensitive) and/or suffers from Autism, ALS, Chronic Fatigue Syndrome, Alzheimer’s, Fibromyalgia and other debilitating and chronic conditions. People come from all over the United States, the Middle East, Asia, and the United Kingdom.

We are proud of our success with protocols that involve:
- Laboratory analysis
- Bio energetic testing
- Environmental risk assessment including testing of chemical and EMR exposures
- Biochemical, physiological and mechanical detoxification procedures
- Nutritional rehabilitation of cell membrane and repair of DNA injury
- Development of strategic protocols to decrease toxins and create a healthy life environment for our clients.” (i.e. home, work and school)

State of the art clinic:
- “Green” environment, designed to limit toxins, noxious smells, heavy metals and electromagnetic radiation caused from cell phones, WIFI and other electronics
- Cutting edge nutritional formulary and equipment that is used in various sequences for complete detoxification of the body from metals and other toxins that are causing chaotic signals between and within our cells
- “VibroNutrients”, an Internal Balance proprietary technology, are custom made supplements specifically designed for the unique issues faced by the individual client.

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What is Detoxification?
Detoxification is the process of creating the correct internal biochemical and physiological environment to allow for the body to rid itself of toxins (pesticides, metals, drugs, cellular debris, etc.) while managing the consequences of removing these metabolic wastes and toxic residuals. The human body is designed to seek balance (homeostasis) regardless of what is present and imposing normal function. This “NEW” state of balance for the body, because it is not recognized by the body as “normal” often comes with a set of unfavorable symptoms. Working through these new detoxification changes with an experienced team is the key to effective long term success. All too often, individuals will abort their detoxification program or new dietary changes, because they are feeling worse and lack the knowledge and resources required for success. We believe that detox alone, without experienced guidance, follow-up and nutritional support is unwise.

Why are people Toxic?
In 1938 the use of war chemicals as well as heavy industrial chemicals began being used in agriculture and in normal commercial products. In addition, Thimerosal (a Mercury based preservative) was added to vaccinations by pharmaceutical companies. As a result the human species as well as the food chain that we depend on for our food began to accumulate poisons. This was occurring at the same time we employed “herd like” vaccine programs. It has been stated that the current demographic identified as our centurions, are the last genetically healthy people. They were born prior to 1959; they were neurologically developed before receiving toxic vaccinations, they did not use computers, computers, cell phones and microwaves, all which emit toxic levels of radiation and their food was not yet genetically modified, and filled with toxic chemical residuals making it nutritionally empty.

Currently, we have over 70 years (and numerous generations) of accumulated toxins. This is called “transgerational accumulation.” These toxins are thought to be taxing the human body’s genetic weaknesses that are also being passed down from our ancestry. In the midst of this toxicity a convergence of increased technology and the use of microwave radiation as an infrastructure for communication emerged in the early 80s. This additional toxic burden, the exposure to increased electromagnetic radiation, may be considered the tipping point that is breaking the camel’s back genetically speaking.

Moving forward, one must ask themselves, what can I do to protect myself and my offspring? We now have women whom are toxic before conception, without the knowledge that they need to detoxify their bodies before conceiving their children. This has resulted in a generation of “VERY” sick children. Autism is at an all time high, with rates moving from 1/5000 at the end of the 70s to currently 1/60 according to a recent CDC report and conservative parent groups looking into this epidemic nightmare.

At Internal Balance we see a STRONG need to thoroughly detoxify your body, not just cleanse your colon. We need to educate our clientele on how important this is in their self prescribed wellness program.

Sleep Like A Baby
Many people, men, women, and children have trouble falling and staying asleep at night. This interrupted sleep pattern can be related to conditions such as Chronic Fatigue, Fibromyalgia, Multiple Sclerosis, Autism and the latest disease treatable with detoxification: Adrenal Fatigue. Inability to fall asleep can be due to the body’s ability to acquire a full nights rest provides benefits toward detoxification, repair, and recovery that are immeasurable.

Addressing individuals sleep concerns is a priority focus for each one of our clients. Even if you don’t have a diagnosed condition but are suffering from interrupted sleep patterns or insomnia, please inquire about our natural approach to sleep remedies offered by VibroNutrients.

Autism Is An Epidemic
Other neurological diseases such as Alzheimer’s, ALS, Parkinson’s and MS are sharply increasing before earlier age onset diagnosis. What has changed to bring about these types of diseases? Many experts are digging deep to find the answers in our genetics. But, isn’t possible that these genetic factors are playing out diseases earlier in life due to accumulated toxicity and injured DNA. Is it possible that the toxic burden in our cells is too much for our DNA? Here at Internal Balance we are committed to assisting your body to recreate a healthy message for your DNA. We believe that children with autism were born normal but with too much toxic burden. We believe that the message can be changed by cleaning up the internal environment of the cell. We believe that we can live a life without neurological disease. This can be accomplished through detoxification.

Cellulite & Skin Detox
What is at the root of your lack of haters? Cellulite is the build-up of fluids, fats, and toxins that appear to be lumpy and dimply under your skin. You should be concerned about the appearance of Cellulite as it indicates a strong need for detoxification and total body purification. Since the skin is the largest and primary detoxifying organ, it reflects our general state of internal health. Detoxification is designed to restore the body to a balanced state of well-being and when performed regularly and appropriately, it will bring out your healthiest complexion. Internal Balance brings to you a state of the art CelluloseDetox™ protocol combining VibroNutrients”, Water, Far Infrared Sauna therapy, Lymphatic Drainage, and a proprietary blend and application of therapeutic detoxification extracts. Please ask about this successful protocol and the packages we have to offer.

Conscious Conception
It is our goal at Internal Balance Inc. to create the awareness for young woman to begin a detoxification program prior to conceiving. Research is beginning to confirm what many people would consider common sense; women are passing their accumulated toxic burden to their babies while pregnant. We have now had 70 years of toxic bioaccumulation of chemicals acquired from our environment along with increased radiation have created an unhealthy cellular message which is being transcribed as NORMAL to the DNA. Our babies get everything from us while pregnant, their blood type, their nutrition, their toxins. Is it possible that this could be playing a significant role in the epidemic rise in autism spectrum disorders and other childhood diseases? Do you want to wait for the research to make its way to the mainstream medical literature before you decide to begin your detoxification program?

Increased Energy Levels
Fatigue has become one of the nations #1 wellness complaints for millions of Americans and even children. The key to the success of your detoxification program is addressing underlying toxicity and metabolic dysfunction. There is substantial scientific evidence now making it’s way into the mainstream medical literature that by improving mitochondrial functions through the use of biochemical nutrition and the principles employed in the Internal Balance detoxification regimen that an increase in energy, vitality, and a sense of well being is likely to be achieved. Without enhancing energy output at the cellular level, complete detoxification is not possible for the human being. This is why at Internal Balance we so successful and uniquely capable of assisting you with a full body detoxification program suited to your wellness objectives.

Sports Nutrition
Biochemical nutrition and detoxification can help promote performance in sports as well. When the body is not burdened metabolically by toxicity and lack of nutrition, the body can do miraculous things. Energy is increased, efficiency of utilizing our fuel is improved and muscle strength and development is sharply enhanced. Internal Balance has helped elite athletes with serious injury and recovery needs. For example, former NFL player Allan Houston was forced into retirement by chronic inflammation and knee injuries. He has worked with us utilizing specially formulated nutritional protocols and detoxification principles to address challenging inflammation issues previously inhibiting his full recovery and return to his sport. In addition JD Drew, Boston Red Sox, known for his injury filled baseball career began working with Internal Balance in 2006 and has had the healthiest 2 seasons of his career. Athletic teams have used our VibroNutrients energy performance nutrition to win state championships. Our out of the box approach to athletic performance is paying off for many. Please inquire how we might be able to specifically help you.

Not to pick (Marieea’s) brain a little bit would be kind of sad,” Drew said. “I think, first and foremost, I want to point out how many lives I also want to be around for a while and have a quality of life after baseball. If I continued to go the route I was going, not only did it hurt the performance on the field but it affected you, down the road when you are 50 or so. I knew I had to start making some drastic changes.” JD Drew
Tamara Mariea is the owner of Internal Balance, Inc., a private clinic located in Brentwood, Tennessee, where she integrates the research principles of Biochemistry, Physiology and State-of-the-Art Detoxification Strategies applying approaches from Multi-disciplinary fields. Tamara cares distinctly for each client according to his/her individual biochemistry and unique toxic imprint, which is determined by a highly specialized clinical assessment and metabolic testing. Tamara has developed a system that allows her to custom formulate nutrients and support mechanisms for optimum health and or detoxification that are specific to each individuals needs. These trademark nutrients are called VibroNutrients® and are accessible to clients worldwide. Tamara’s greatest satisfaction comes from working with special and difficult cases such as autism, neuro-degenerative conditions, multiple chemical sensitivities and immune deficiency syndromes. She has had outstanding results treating autistic children, debilitating illnesses and chronic pain. Tamara has been featured as one of the country’s leading experts in the detoxification of the ASD child and is frequently requested as a featured guest on radio talk shows such as “Wellness in Practice” and The Frankie Boyer Show, “Your Voice for Healthy Living”. She has contributed several chapters to the book, “Super Health”…7 Golden Keys to Unlock Life Long Vitality. Tamara hosts her own internet radio talk show on LA Talk Radio.

Contact Internal Balance Inc. for your comprehensive bio-chemical analysis.

Call to order your custom formulated VibroNutrients®